

# TAMMY PLUNKETT

*Supporting Parents of Transgender Kids*



## ABOUT ME

When I retired from nursing in the ICU to raise my kids, I thought I'd be a romance novelist. I never imagined I would one day be an expert in parenting transgender children. But here we are!

My son, who was assigned female at birth, told me he was transgender in August of 2016 when he was 11 years old. Since then, I have personally come to terms with my own emotional journey of fear, doubt, grief, and unmeasurable love while he became his authentic self. Today I support other parents so that they can support their child through mentorship as a certified coach, speaking, and writing blogs, articles, and my upcoming book *Beyond Pronouns*.

Today's  
**Parent**

CBC  News

**HUFFPOST**

CTV  
**NEWS**

*Coming Soon*

**BEYOND  
PRONOUNS**

*Beyond Pronouns* is a book contracted with Jessica Kingsley Publishers to be released in the summer of 2022. In this informative guide, parents and caregivers will find the answers to the many questions and emotions that arise when their child tells them things are not quite right with their gender identity. From how to dress to how to tell grandma or the school to the medical and legal implications of raising a transgender child, this book meets the most pressing concerns that parents face.

## AREAS OF EXPERTISE

---

- Parenting transgender children, teens, and young adults
- Advocating for the Transgender community as an ally
- Defining Transgender and non-binary identities to the layperson
- Remembering who you are as a parent after your child comes out as Transgender
- Parental self-care when life throws you a curveball



## RAVING FANS

---

"I was delighted to have Tammy speak at my event. Her talk about the impact her transgender son had on her life was heartfelt and engaging, and you could see the impact it had on the audience immediately. Tammy is a gifted storyteller who will leave a life-changing mark on your audience." — Lisa Larter from Money Mindset and Marketing

"Tammy is great at crafting inspiring speeches that inform her audience. She is charming, authentic, and a great teacher."— Brigitte Lessard-Deyell from Women Talk



## CONTACT INFORMATION

email: [tammy@tammyplunkett.com](mailto:tammy@tammyplunkett.com)

phone: 403-354-2209

website: [www.tammyplunkett.com](http://www.tammyplunkett.com)